- c. A shaft receiving hole near the bottom of the enclosure;
- d. Control buttons and safety stop buttons and means;
- e. A treadmill having a frame and a treadmill belt

 moved by a rotationally moving roller and shaft

 said shaft extending from the treadmill to exit

 the wall of the enclosure through the shaft hole

 for connecting to exterior rotational motor means,

 said treadmill having a variable speed responsive

 to the control buttons;
- f. Sealing means to seal the shaft exit hole about the shaft;
- g. Jets at the front end of the enclosure and having means for providing sufficiently powerful water flow from the front to the back of the enclosure so as to provide sufficient resistance to allow swimming in place;
- h. A treadmill receiving cavity at the bottom having a depth approximately the height of the treadmill and having a safety step off area adjacent the treadmill.

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